



2026 MAINE COAST HALF MARATHON AID STATION ELEMENTS

Aid Station	Location	Mile #	Water	Electrolyte Drink (Gu Hydration)	Gel (Gu Original Energy Gel)	Portable Toilets
1	Gold Ribbon Drive	2	✓	✓	-	✓
2	Access Place Moody Beach Ogunquit	4	✓	✓	-	✓
3	Bourne Avenue	6.25	✓	✓	✓	✓
4	Beach Acres Campground	8.25	✓	✓	-	✓
5	Gold Ribbon Drive	9.5	✓	✓	-	✓
6	Wells Auto Museum	11.5	✓	✓	-	✓

GU ELECTROLYTE DRINK FLAVOR	LEMON-LIME
GU ORIGINAL ENERGY GEL FLAVOR	TRI BERRY

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1	Gold Ribbon Drive	2	✓	✓	-	✓
2	Bourne Avenue	4	✓	✓	-	✓
3	Littlefield/Ridge Top	7	✓	✓		✓
4	Littlefield/Berwick	10	✓	✓	-	✓
5	Wells PW	12	✓	✓	✓	✓
6	Wells Parks and Rec	14	✓	✓	-	✓
7	Wells Fire Museum	16	✓	✓	-	✓
8	Harriseckett/Gathering	18	✓	✓	✓	✓
9	Post Rd/Bypass Rd	20	✓	✓	-	✓
10	Knight Trail	22	✓	✓	-	✓
11	Upper Landing Rd	24.5	✓	✓	-	✓

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